

CYBERBULLYING

CYBERBULLYING

CYBERBULLYING

CYBERBULLYING

CYBERBULLYING

What Is Cyberbullying



♦ Cyberbullying is bullying that takes place over digital devices like mobile phones, computers, and tablets.

♦ Cyberbullying can occur through SMS, Text, and apps, or online in social media, forums, or gaming.

♦ Cyberbullying includes sending, posting, or sharing negative, harmful, false, or mean information about someone else.

♦ It can include sharing personal or private information about someone else causing humiliation.

The most common places where cyberbullying occurs are:

♦ Social Media, such as Facebook, Instagram, Snapchat, and Twitter

♦ SMS (Short Message Service) also known as Text Message

♦ Instant Message Email

Signs of cyberbullying:



- ♦ being upset during or after using the Internet or the phone
- ♦ being very secretive or protective of one's digital life
- ♦ withdrawal from family members, friends, and activities
- ♦ avoiding school or meeting friends
- ♦ changes in mood, behavior, sleep, or appetite
- ♦ wanting to stop using the computer or cellphone
- ♦ being nervous or jumpy when getting an instant message, text, or email
- ♦ avoiding discussions about computer or cellphone activities

Internet safety tips:



- Never give out your real name, address, telephone number
- Never tell anyone where you go to school
- Only meet someone from a chatroom in a public place with one of your parents or another adult.
- Never agree to meet anyone from a chatroom on your own
- Tell an adult if someone makes inappropriate suggestions to you or makes you feel uncomfortable online
- Remember on Twitter everything you say can be open to the world;

- Never give out your password
- Think before you Tweet! - Anyone can see what you say unless you make your profile private;
- Don't Follow Back people you don't know.

